



**ALLERGIES**  
Morphine  
Seafood

**REPRODUCTIVE HEALTH**  
Latest Pap: 5/16 NAD  
Pregnancies: 2  
Live Births: 2

**Mother (62)**  
Lupus  
Colon Cancer (remission)

**Daughter (16)**  
Full Term/C-section  
Asthma

**Son (20)**  
35 wks/spont delivery  
GERD

**Father (Deceased)**  
Heart Attack (54)

**Maternal Grandparents (Deceased)**  
NAD

**Paternal Grandfather (Deceased)**  
RA (80)

**Family Hx**

Jane Smith  
(5-5-1975)  
Medical History  
Jun 17

**LIFESTYLE**  
Smoking: 1 pack/day  
Alcohol: 2 Units/week  
Recreational Drugs: Nil

**ADVANCE DIRECTIVE/POA**  
Nil

**CURRENT Sx**  
Recurrent diarrhoea  
Joint pain (Level 8/10)  
Left-sided numbness  
Extreme fatigue  
Daily debilitating headaches  
Deteriorating QOL

**Dx**  
Adrenal Insufficiency June 2012  
(Synacthen Test)  
Crohn's Disease Aug 2016  
(Colonoscopy/Biopsy)  
Osteoporosis (T -2.7) July 2016  
Ehlers-Danlos Syndrome Type 4  
(Clinical Dx) June 2016  
Ankylosing Spondylitis May 2016  
POTS July 2016 (Tilt-table Test)

**OT**  
Hip Replacement 2014  
Ovarian Sparring Hysterectomy 2000  
Bowel Resection 1996

**List of Drs/Specialities**  
Dr Laurie - endocrinologist, 2, Seaview Way

**Pharmacy/ies of Choice**  
Walgreens/CVS

**IMMUNIZATIONS**  
All childhood  
Last Tetanus: Jul 14  
Influenza Nov 16  
Hib Apr 15

**Rx/Tx**  
Hydrocortisone 25mg (split/4 doses)  
Levothyroxine 100mcg qd am  
Azathioprine 100mg bid  
Percocet 5 mg/325 mg PRN  
Pregnelone 100mg qd pm  
**Supplements:**  
Vit C 1000mg/Vit B12 25mg/Vit B5 25mg/Calcium 5000mg CoQ10 25mg/Probiotics